

# The Cutter

Outward Bound®

TE KARERE O ANAKIWA THE BI-ANNUAL ANAKIWA MESSENGER

November 2008

## Tall Totara Award 2008



David Mangnall – OB Training Manager

“He ‘walks the talk’, is unfailingly professional and doesn’t hesitate to get wet, cold and dirty to demonstrate with ease any skill required in this job”

*Outward Bound Instructor, Jen Riley.*

### CONGRATULATIONS TO DAVID MANGNALL,

Outward Bound’s Training Manager, who is the recipient of the NZOIA 2008 Tall Totara Award.

The Tall Totara is an annual award made by the NZ Outdoor Instructors Association to a member to recognise

- their contribution to outdoor instructing
- their consistent excellence in outdoor instructing and
- their promotion of the objectives of NZOIA.

After working at Outward Bound New Zealand from 1998 to 2000 as an instructor and Duty Manager he went on to be Training Manager at Outward Bound Hong Kong for two years. In 2004 he became the Training Manager at Outward Bound NZ.

In his role as Training Manager, David is responsible for staff selection, and running a two month induction training programme.

Instructors need to be skilled far beyond what our students will experience, and as a trainer Dave operates with ease to guide new staff through familiarisation, training and development, emergency procedures and ‘what if’ situations.

David is an active outdoor recreationist, a keen whitewater kayaker, sea kayaker, trumper, sailor, and cycle tourer. He has ridden his mountain bike from Lhasa to Kathmandu with his wife Angela and friends, paddled the Buller and many other rivers many times, solo kayaked from Nelson to Anakiwa, and paddled and tramped in Fiordland for weeks at a time. He and Angela now share their outdoor passion with their young daughter Hannah.

“It is a real honour to be awarded the Tall Totara and to be recognised for my achievements. Totally unexpected and it meant a lot to me even to be nominated by the staff here at OB” *David Mangnall.*



David Mangnall and his daughter Hannah holding the Tall Totara Award.

“All of us at Outward Bound reveled in the honour that was recently given to our Staff Training and Development Manager, Dave Mangnall when he was given the “Tall Totara Award” in recognition of his outstanding service over many years to the New Zealand Outdoor Industry. Outward Bound is very privileged to have someone of Dave’s calibre and experience responsible for the selection, induction and the personal development and training of our instructional staff.”

*Trevor Taylor, Outward Bound Chief Executive*

### Places available! Upcoming courses

31 Jan–7 Feb  
8 day **No Limits**  
Mixed Ability Course  
18-30yrs

14–21 March  
8 day **Navigator**  
Professional Development

4–11 April  
8 day **Discovery**  
27-40years

17 – 24 April  
8 day **Leaps & Bounds**  
Parent with Teen



## The Outward Bound

### INDIA-NEW ZEALAND CONNECTION

**HAYDEN TITCHENER, AN INSTRUCTOR AT ANAKIWA**, has just recently returned from a visit to Outward Bound Bharat, in India. He shares with us what the trip was like.

The mission was to travel to Outward Bound India with the objectives to build relationships between OB Bharat and OB New Zealand, observe a course and offer feedback, run instructor training days, write a safety report for Outward Bound International and offer suggestions for future programmes.

I think it has been a great success coming to India. The OB Bharat team have been great to work with, super friendly and very receptive to ideas, particularly when safety is involved. At times communication was a challenge with information simply being lost in translation.

OB Bharat run five day courses for 14 to 17yr olds. I had some really interesting conversations with the students who were very interested in New Zealand culture and traditions. The food was fantastic and I was lucky not to experience "Delhi-belly"! I visited one of the schools and ended up being given a microphone and speaking to 500 students.

Highlights of the trip were; the people, Indian culture, food and the craziness of Nagpur, a city of three million people - tooting horns and cows everywhere!

It was fantastic to immerse myself in Indian culture. As a developing country there is so much diversity. India has exceeded my expectations. It was a wonderful opportunity and I hope that the relationship will continue to grow.

*Hayden Titchener*

# Travel Tales

## from the School Director

### AS PART OF THE SIR PETER BLAKE TRUST EMERGING LEADER

**AWARD** I received last year I was able to travel and study, which I did in July when I attended the Strategic Perspectives in Nonprofit Management (SPNM) course at Harvard Business School in Boston.

En route to Harvard I visited Outward Bound United States (OBUS). I had visited OBUS in 2004 immediately before the big merger of most of their centres, so I was curious to see what had occurred. Unfortunately all was not well with OBUS. Wilderness course enrolments have continued to decline (now one third of a decade ago), and they have been forced to adopt some significant measures to go forward as an organisation. This has included reducing excess capacity by closing nearly half their wilderness base camps – many of which are as old and much-loved as Anakiwa. Their strategy also includes a move to a much greater urban focus, with the development of a number of new urban Outward Bound centres.

It was a somewhat sobering experience, and caused me to reflect on what we need to do to continue to be successful. It also reminded me just how fortunate we are to have and work for OBNZ.

The SPNM course was a remarkable experience. I had 142 classmates from 17 different countries around the world (including 10 from Australia and one other Kiwi), representing a huge range of nonprofits in every sense. They were wonderful people to spend the eight days with.

The course exceeded my expectations, in that everything about it was done to the highest level of quality, and primarily that the course was very well and very rigorously taught using the case-study method by superb lecturers. It was focused on strategy – in particular addressing the questions: what is the impact the organisation is trying to achieve and how could we have more impact? Some great food for thought – but I also came away with the sense that OBNZ is doing a number of things well.

*Steve Hall*



## A Brief History of Watch Names

### WHAT IS THE HISTORY COBHAM WATCH?

**Sir Charles John Lyttelton**, 10<sup>th</sup> Viscount Cobham, was Governor General of New Zealand at the time of the Outward Bound Schools' opening in 1962. He played a major role in setting up the school and donated the proceeds of his book of speeches to the Trust to help fund the schools' opening.

Until the year 2000 the school was officially known as the Cobham Outward Bound School.

His interest and belief in people showed through in a conversation about Anakiwa.

*"You are very fond of this place aren't you Mrs Hazelwood?"*

*"I love it better than anything in the World, Your Excellency"*

*"You know," said Lord Cobham reflectively,*

*"We must learn to love people more than places."*



# Otautahi Southern Cross

**THE OTAUTAHU SOUTHERN CROSS COURSE IS FOR 18-26 YEAR OLDS** from different ethnic communities within Christchurch, to explore personal development, cultural identity and cultural diversity through a 21 day Outward Bound course.

The Southern Cross course this year consisted of many different ethnicities and cultures, from all walks of life, a truly diverse group. At first we were all rather quiet but after initial introductions the group began to mix forming Scott Watch 524.

Over the next 21 days we learnt to work as one. When someone was struggling we would step up as a team to help in whatever way we could to get the task done. The challenges we faced made us stronger emotionally and we developed the drive to succeed in what we were doing. The hardest thing for many of us was in fact overcoming the mental challenge. With support from other watch members, reassuring and encouraging all the way, those big hurdles didn't quite seem so big.

A major learning outcome for us was that we are in control of situations, and that nothing is impossible if you focus and believe in your abilities. There is no such thing as a negative situation, something positive can always be taken away even if it is hard to see.

We learnt that attitude plays an important role in many situations; it is up to you to find that positive aspect.

A major highlight in the Southern Cross course is the Cultural Dinner. This is when the watch prepares a selection of dishes from their respective countries/cultures. We were lucky enough to have people from China, Vietnam, India, Fiji, and Samoa to name a few; hence the dinner was a roaring success with many different dishes from all across the globe. It was fantastic being able to mix with the local Outward Bound community, young and old to share a bit about our respective cultures.

This experience would not have been made possible if it wasn't for local sponsors including the Eureka Trust, Christchurch City Council and of course Outward Bound. Their support in getting us there is greatly appreciated and we thank them for the truly special experience we had and won't forget in a hurry.

As a fellow Scott watch member, Danielle Donehue said "Compassion, co-operation and commitment are all you need to conquer your fears and overcome any challenge".

*David Keen (course participant '08)*



## THE COMMUNITY TRUST OF Otago

**THE COMMUNITY TRUST OF OTAGO** in focusing on "making a positive difference for the people of Otago" has been supporting Outward Bound since 2001.

With their generous support each of the 25 secondary schools throughout the Otago region are able to send one student each year to attend the Mind, Body and Soul course (a 21 day course for 16 – 18 year olds). Keith Ellwood, the Chief Executive of the Trust, says "The continued support of The Community Trust of Otago is based on the positive feedback we receive from students who attend. The consistent message is that the course is a life changing experience. Annually, one student from each secondary school in Otago is subsidised to take part in a course. We look to the school to select the student based on indicative qualities around leadership, potential to benefit from the course, as well as personal qualities. This is one way in which the Trust can invest in the future of our promising young people and since we commenced our support in 2001 nearly 200 young men and women have been exposed to the challenges that the course presents. Many will have thrived on that experience and gone on to do amazing things in their life. In due course these young folk will contribute back to their community, wherever that may be, and in so doing help to make the world a better place.

Amanda Gray from Taieri College who attended Outward Bound as a recipient of this scholarship says, "Outward Bound was the most amazing experience ever. The chance to meet lots of awesome people was incredible and I highly recommend it to anybody who may be interested in challenging themselves, finding direction in their life or meeting new people".

Without the kind sponsorship of the Community Trust of Otago, I would not have been able to experience such a wonderful, life changing opportunity." Outward Bound is grateful for the continued support of The Community Trust of Otago – it is with support like this that we are able to fulfil our vision of "Better People, Better Communities, Better World."

**"A simply stunning opportunity. This gives our girls the chance to take some responsible risks and really test themselves. We are extremely grateful to the Community Trust for their sponsorship of this scholarship."**

*Lynlee Smith, Principal, Waitaki Girls' High School*

## National Youth Workers Network Aotearoa

Outward Bound has been working with the National Youth Workers Network Aotearoa (NYWNA) in a partnership capacity for two years now with the first customised course being run in 2007.

The course has been named the "Connect" course in alignment with what it has been set up to do. The Connect course has been specifically tailored for NYWNA with the express purpose of strengthening their National Council, building quality Youth Worker relationships, connecting Youth Workers across Aotearoa, strengthening regional networks and encouraging participants to reflect on 'How do I fit into the bigger picture of Youth Work'.

This year, 2008, there were two courses held in August. Both were directly based on the OB "Discovery" eight day program and were funded by the Outward Bound Trust. Participants were able to access this opportunity for only \$500.00 plus the cost of travel to and from Picton.

The pre-course excitement transformed to exhilaration throughout the course and for this reason some fantastic participant experiences resulted.

"I found it amazing how people who didn't know each other could get so close in such a short time. For eight days we lived for each other."  
*(Brian, "Connect" course participant '08)*

Reactions like this ensured that the key objectives were achieved.

Outward Bound and NYWNA will again be working together to create a similar opportunity for Youth Workers from around the country in 2009 so keep an eye out for promotion beginning late this year.

**"Outward Bound for me exceeded any expectations I had. It was the hardest thing I have ever done in my life and the most worthwhile. I have so much enthusiasm for challenges that are now presented"**

*(Sue, "Connect" course participant '08)*

## New Jetty

As night rolls into day and day rolls into night, so do projects keep rolling out of Outward Bound Anakiwa. The Eco Lodge accommodation project was in full swing and already the seeds of a new project were firmly being put into place.

Years of boundless enthusiasm kept bringing the jetty project closer to reality. Finance, meetings, resource consents, and more meetings with lots of homework was the order of the day and slowly the plans to replace the jetty evolved.

The old jetty was showing its age and seemed to sulk at its impending doom. It was starting to fall apart. The spring tides were lapping at its heels, often gushing through the planks. The diesel fuel line was unusable, so the fuel had to be carried to the launches. The planks creaked under the pedestrian traffic which it had supported faithfully for many years. The narrowness of the original jetty allowed luggage to freely topple off the side of lurching trolleys into the waiting sea.

The replacement of the old jetty, to a higher, wider and sturdier one, was not totally straightforward. There was a catch! During the construction of the new and the removal of the old, the jetty (either one) had to remain operational at all times. Vic Koller (Outward Bound maintenance manager), picked the right man for the job. Brian Rossitter had the experience required to work around courses, cutters and even commercial operators.

Dredging was the first step. The removed material was barged to Picton then taken to a landfill. Working with the tides was a major factor as the first set of piles was driven from land. The remainder were driven off the barge as the water got too deep. The partially completed jetty was planked and the operational requirements of Outward Bound were transferred from old to new with no disruption. The end of the old jetty was quickly dismantled so that the structure of the new one could be completed. Handrails, pickets, toe rails, steps and ladders were added. Following this, power, lights, water and fuel completed the job. A slight realignment of the navigation aids finished the project.

During this time the remains of the old jetty disappeared forever. According to Vic the job went like 'Swiss clockwork'.

The locals are more than impressed with an increased size and soundness of the new jetty and are often heard saying "What did the old one look like again?"

Special thanks to Vic Koller for his tenacity and perception throughout the entire project, and the rest of the team who helped the new jetty become reality.



## Get a Custom Course JUST YOU AND YOUR TEAM

Get the benefits of a real shared adventure your team will never forget

### 1 Day Team Energiser

A perfect fun add-on to a business conference based in the Marlborough Sounds.

Up to 60 participants.

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A great option to help break down communication barriers and get a new team connecting and performing together.

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For those who are serious about their team's performance, this three day option combines Team Management Systems (TMS) workstyles testing with a carefully designed team adventure programme.

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Up to 14 participants.

Contact: **Our Professional Account Manager**  
Phone: **0800 688 927**  
Email: **professional@outwardbound.co.nz**



# Thank You

to our major supporters



# Calling all ... Life and Annual Members

We are in the process of merging our current membership database with our new CRM OBTAINS database. While we have matched many of you up, we need your help to ensure we link you correctly.

PLEASE EMAIL: [governance@outwardbound.co.nz](mailto:governance@outwardbound.co.nz)

Put your full name in the subject line, then tell us your

- type of membership (Life/Annual),
- contact details (phone/mobile),
- if you have completed a course (course number and date),
- and whether you are an Alumni member.

This will enable us to keep in touch and meet compliance easily.

## Membership Form

Are you a member? Become one now!

To view the benefits of membership go to

[www.outwardbound.co.nz/membership](http://www.outwardbound.co.nz/membership)

Name \_\_\_\_\_

Address \_\_\_\_\_

Suburb \_\_\_\_\_

City \_\_\_\_\_ Postcode \_\_\_\_\_

Phone Daytime ( ) \_\_\_\_\_

Evening ( ) \_\_\_\_\_

Email \_\_\_\_\_

Course/Year attended \_\_\_\_\_

Life Membership (\$500)  Annual Membership (\$52)

Donation \$ \_\_\_\_\_

TOTAL \$ \_\_\_\_\_

### Payment method

Cheque (enclosed) \$ \_\_\_\_\_

Credit card

Mastercard

Visa

Card Number

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Expiry date \_\_\_\_\_

Cardholder's name \_\_\_\_\_

Cardholder's signature \_\_\_\_\_

Please complete, detach and return to:

Outward Bound, PO Box 25-274,  
Panama Street, Wellington 6146

Thank you.

## How can you support Outward Bound?



**MAKING A DONATION IS** the most important way you can support our work.

For 46 years Outward Bound has changed the lives of thousands of New Zealanders – helping them reach their full potential through challenge and adventure in the outdoors.

Our goal is to make sure that Outward Bound is accessible to all New Zealanders who want to attend, now and in the future. Most course fees do not actually cover the true costs. Now more than ever Outward Bound has to find additional funding to cover these costs, to maintain and constantly improve our equipment, facilities and courses, and to ensure our future.

As a charitable trust we have always relied on the generous financial support of the community. We are inviting you to support us and help people in your community to have a life changing experience. Your support will help maintain our long term financial stability and our independence, and your help will create a turning point in someone's life.

**Contact us at:** [www.outwardbound.co.nz/donate](http://www.outwardbound.co.nz/donate) or 0800 688 927  
to be sent a supporters brochure.

## Merchandise Promo

If you would like to buy any Outward Bound merchandise please go to:  
[www.outwardbound.co.nz/merchandise](http://www.outwardbound.co.nz/merchandise) or phone us to get a copy of the merchandise form.



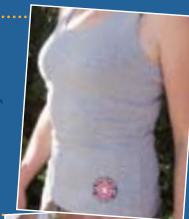
**Vortech Caps** .....\$30

This new cap is water and wind resistant - the outer membrane coating is micro-porous, allowing the cap to breathe as moisture vapourises from the head and passes through the fabric to keep you dry and comfortable.

**Women's Cotton Singlet** .....\$40

This fresh new racer-back singlet is long and tight-fitting. Find our logo on the bottom hip and on the back of the singlet.

*It will look great worn in the city or at the beach.*



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*Stock going fast!*



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Now choose a cotton or corduroy military cap and show it off this summer.

For **on-line merchandise purchases over \$100** we'll throw in a yellow cotton cap valued at \$20!



[www.outwardbound.co.nz/merchandise](http://www.outwardbound.co.nz/merchandise)

# What's happening at Outward Bound?

## Beijing Olympics

Five Outward Bound Alumni competed at the Beijing Olympics in August. Peter Taylor, who competed in the lightweight doubles, shares his thoughts with us – "I was very fortunate to have the opportunity this year to race at the Olympics. We went there after a medal and fell way short. We were disappointed that we couldn't do better than our 7<sup>th</sup> place. We have taken on board what we have been through and seen through our own eyes what it takes to be an Olympic Champion. This is not the end of us, we will be back and are as hungry as ever."



## Anakiwa Marathon Record Broken

Brett Smith of C522 has set a new record of 1hr 18mins 5sec, for the Outward Bound NZ marathon. He broke the record by 7mins.

*"My Outward Bound course was an epic experience and lived up to everything I hoped it would be. I got known around Anakiwa as 'the runner guy' or 'running Jesus' with my longish hair and beard (which has now disappeared!). As the marathon came round all my watchmates were looking forward to see if the record could be broken."*

It was great having the support from 14 others who believed I could do it. My instructor, Bevan, even mentioned having a 'wager' on it! The pressure was on! The finish had to be changed due to the construction of the new jetty. Despite this, Bevan stood at the old finish and got my time at 1hr 18mins 5 secs. A new record by 7mins. With all the instructors standing at the finish line, it was a great honour to have broken the record. It will be a lasting memory of my Outward Bound course 2008.

Breaking the OB marathon record capped off an amazing course for me. The course definitely left its mark on me and in some small way you could say I left my mark on the marathon course. *That is, until it is broken!*



## MyWatchmates – Keeping the flame alive

The MyWatchmates website is a great way for Outward Bound Alumni to keep the flame alive by connecting with watchmates and reading our quarterly newsletter.

**Have you registered?** If not, go to [www.mywatchmates.co.nz](http://www.mywatchmates.co.nz)

If friends, family, acquaintances, colleagues mention they have been on an Outward Bound course direct them to: [www.mywatchmates.co.nz](http://www.mywatchmates.co.nz)

## Leaps and Bounds

An 8 day shared adventure for a parent/caregiver and their teenager in the Outward Bound environment

I read that it is a good idea for teenagers to have a 'rite of passage' to pass through as they leave childhood behind. In our family we looked at the "Leaps and Bounds" course as an opportunity for this.

My son Galen (13yrs) and I attended a course together in June of this year. Thirty years ago I attended a "Classic" course and I was looking forward to revisiting Anakiwa - this time in the winter!

From the beginning we were thrown into it, rowing a cutter within an hour of arrival, sleeping under the stars our first night, swimming in the sea, and from then on things were just action packed.

Galen and I had our individual challenges and in working through these we learned more about ourselves and our relationship. Our drive home to Christchurch at the end of the course was filled with discussions about what we learnt and things we plan to work on together. A tradition we have is a family dinner together on Sundays and Galen has now added an inspirational reading into this.

The course worked well for both of us, and I know Galen is looking forward experiencing the Classic once he has completed high school.

Comparing my experiences thirty years apart, I can say the facilities are better, but the instructors and staff are still fabulous, the mix of activities still well balanced between physical and mental, and the morning swims still memorable – the spirit and learnings are still the same.

*Richard Mander*



## AimHi

The AimHi course is run annually for selected students from low decile schools in Auckland and Wellington and is generously funded by Youthtown.

The course is based on the Outward Bound "Mind Body & Soul" course for 16-18yr olds. Over the 21 days, students develop friendships that will last a lifetime. Through experiencing outdoor skills like sailing, kayaking and bush navigation, students leave with a strong sense of personal responsibility and independence. Participants are challenged to expect more from themselves and to not give in to thoughts of failure or apathy. Students are also given challenges that instil a sense of team, self-worth and many opportunities to recognise and develop their own potential.

*"I would like to thank Youthtown from the bottom of my heart for my story; a story of a boy away from home, a story of self observation, a story of hardship and a story of bettering ones' self."*

*(Reece, AimHi 08)*

This year's course was extremely successful due to the excellent work of our instructors Amy and Bevan and the fortitude of the students. It was strongly required as they had some of the most extreme weather conditions seen for many years.

*"OB was very tough and challenging but I gave it my best and I managed to start strong and finish strong."*

*(Fifita, AimHi 08)*

*Thanks to the students and teachers who made the course possible.*



The Cutter November 2008 is written and edited by Anjuli Burrell, Marketing Executive. If you have any questions or queries about this publication or future publications, would like more copies, or simply would like to tell us what you think, contact Anjuli directly on [aburrell@outwardbound.co.nz](mailto:aburrell@outwardbound.co.nz) or 04 495-1765.

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