

# THE CUTTER

Outward Bound®

TE KARERE O ANAKIWA THE BI-ANNUAL ANAKIWA MESSENGER

MARCH 2011

## Cutter incident in Marlborough Sounds



▲ The cutter Matakana moments after being struck in the Marlborough Sounds.

You no doubt would have heard or read about the recent incident involving the collision between a Dolphin Watch catamaran and the Outward Bound cutter, Matakana, near Picton on Saturday 5 February.

Six students were taken to Wairau Hospital in Blenheim for observation, while two others were flown to Wellington Hospital by the Westpac Rescue Helicopter for assessment; one student was admitted overnight. We are pleased and relieved to advise that, while there were plenty of bumps and bruises, none of the students sustained any serious injuries and are well on the road to recovery. Counselling has been offered to all students and staff affected by the incident.

Outward Bound Chief Executive, Trevor Taylor, said the participants involved had a thorough safety briefing before they set off in the cutter, and the way they reacted during the incident was remarkable.

“Seeing how they conducted themselves – I’m pretty proud of them and the training provided by their instructors. I take my hat off to the student standing in the bow of that sinking vessel, still waving that red [emergency] flag.”

“Safety is and remains paramount for Outward Bound, and it is procedure that we review all incidents that affect our students.”

“They [participants] get a full debrief before they leave land ... and the instructor stays on board the cutter until they are satisfied that the group are capable of sailing the vessel safely.”

The support launch Matakana, with the three instructors of the group, was in close proximity and was on the scene within minutes to rescue the participants.

The cutter was stationary when the collision happened, preparing to sail back to Anakiwa.

The cutter had all of the necessary emergency equipment on board and all participants were wearing lifejackets. All participants’ next of kin were notified within an hour, while all non-affected next of kin were also notified quickly. “They are notified in respect of allaying any fears that their family member may have been involved,” said Trevor, “We have a comprehensive response plan for dealing with all such situations and this commenced immediately, being well implemented by all of our staff and instructors.”

The good news is that after originally fearing the cutter would be destroyed, it appears it is now able to be repaired.

As well as Maritime Safety Authority and Police investigations, Outward Bound has started our own investigation into how the collision occurred to ensure that any lessons from the incident are included in our sailing scheme.

**PLACES AVAILABLE** CALL 0800 688 927 NOW!

**MIND BODY SOUL** (16-18 YRS) 10 JULY - 30 JULY 2011

**MASTERS** (27+ YRS) 8 MAY - 28 MAY 2011

**LEAPS & BOUNDS** (PARENT & TEEN) 10 APRIL - 17 APRIL 2011

**DISCOVERY** (40+ YRS) 8 MAY - 15 MAY 2011

OUTWARD BOUND...  
**CHALLENGING PEOPLE**  
TO PUSH THEIR LIMITS

# An experience for the Mind, Body and Soul

One of the aims of the Naenae Boxing Academy is to develop leadership qualities in our members and Tim Brown has shown great potential from his earliest days at the gym. Tim is an excellent listener and looks for every opportunity to improve himself.

We knew the Outward Bound course would challenge him, however we have been astounded at the result! Tim has come back completely focussed – he seems to have so much sorted mentally, emotionally and physically. It is a huge achievement in such a short time and we are sure that Tim will go on to reach his potential in ways that Tim, his family and the Boxing Academy only dared dream of!

Congratulations to the wonderful enterprise of Outward Bound! We will be doing everything we can to send as many of our boys to you as possible.

With much appreciation, Billy Graham and the Naenae Boxing Academy Team

## AN EXTRACT FROM TIM BROWN'S THANK YOU LETTER TO PUB CHARITY...



▲ Tim Brown (2nd row from the bottom, 2nd on the left) and the rest of the Kupe watch on their bush expedition

My name is Tim Brown and I have recently returned home from my Outward Bound experience. I came about this 'once in a life time' opportunity through the Naenae Boxing Academy. The two scholarships given to them would not have been possible without your generous funding.

On the 2nd of December 2010 I set off not knowing what to expect. Apprehension was flowing through me and looking back on it, that first day was in fact the scariest.

After spending 21 days in and around the stunning place of Anakiwa, I was able to take so much away. Not only did I leave there with 13 of the dearest friends, whom I will have life long connections with, I left Anakiwa having learnt so much.

I learnt about the environment we are in and how absolutely blessed we are to live in such a stunning and beautiful country. I learnt how to appreciate it and care for it, and developed an understanding and knowledge for something that is 'oh so important' but previously I hadn't cared for.

I learnt so much about group dynamics and how to be able to still be pushing forward with the task at hand but yet still catering for everyone's needs. I learnt to accept others and their desires and how that, more often than not, there is someone who has it worse off than myself, so to complain would just be wasted breath.

**PLACES AVAILABLE**  
21 DAY MIND BODY SOUL COURSE  
10-30 JULY 2011

I learnt about leadership and knowing when to lead and when to follow. I learnt about my own leadership abilities and where I have improvements to make and how I can do these.

I learnt about limitations and more specifically my own. Through doing some of the hardest, most rigorous tasks of my life to date, I learnt that 'limitations' is only a long word that is difficult to spell.

I learnt the only limitation I have is myself and that my skills and my abilities are untold, and that the only thing between me and greatness is myself.

I learnt that no matter where you are or what you are doing there are certain things you can't change so forget those and just have fun. I was able to prove the saying 'you can be cold, wet and miserable, or just cold and wet'.

But I also learnt a lot about me, my life and how I want to live it...

...Outward Bound called them 'values', however after thinking long and hard I like to think of them as 'who I am'. That if someone were to ask a friend of mine 'what is Tim Brown like?' they might say something along the lines of: responsible, loving, considerate, fun and determined.

Outward Bound has been a life changing experience for me; I am ever so blessed to have had this opportunity. I cannot express my thanks enough to Pub Charity for making this possible for me.

Thank you so, so much. Kind regards, Tim Brown

**“I learnt that ‘limitations’ is only a long word that is difficult to spell.”**

## OUTWARD BOUND WELCOMES NEW MARKETING MANAGER – IAN ROGERS



Although based in the Wellington office, Ian's first three days on the job were full-on with an immersion – literally – induction at Anakiwa which included morning PT and sea dip. "I'm thrilled to be here and of course really struck by not only the beauty of the setting but the capability of our instructors and what they are doing."

With an extensive background in marketing, events, communications, and stakeholder management, Ian has worked with Councils, The Wellington Waterfront Development, Te Papa, Regional Sports Trust Network and was the first Operations Manager for the Wellington Phoenix. A passion for football - which the office will get to experience - also included working extensively within the English Premiership in video analysis.

## WE INTERVIEW OUR TWO NEW BOARD MEMBERS

### GRAHAM YOUNG

*Outward Bound (OB): Why did you join Outward Bound's Board?*



GRAHAM: A significant number of students from Tauranga Boys' College experienced Outward Bound during my tenure as principal; the stories they shared and the changes I saw in them enthused me greatly.

*OB: What do you bring to Outward Bound?*

GRAHAM: Curriculum development, teaching and learning: how do adults learn, how do you learn, does our curriculum match our answers to those questions? I currently work for the University of Waikato as a leadership and management advisor in secondary schools.

*OB: What are you most looking forward to?*

GRAHAM: Gaining an opportunity to become more immersed in the culture of the organisation and learning from those who have historical knowledge, for it is important to honour the past if you are to contribute to creating the future.

### GLENYS COUGHLAN

*OB: Why did you join Outward Bound's Board?*

GLENYS: I was lucky enough to do an Outward Bound course when my brother Craig Shearer was an instructor there in the 90s. The experience had a big impact on my life and so when I was asked if I was interested in joining the Board, I jumped at the opportunity.



*OB: What do you bring to Outward Bound?*

GLENYS: I have a background in strategic planning, as well as marketing and communications, and government relations work.

*OB: What are you most looking forward to?*

GLENYS: Contributing to the future of Outward Bound so that New Zealanders can continue to enjoy the extraordinary experience that is Outward Bound.

# Update from the Annual General Meeting

At the 2010 Annual General Meeting and Meeting of the Members Council held at Anakiwa in October, the following appointments were made:

**BOARD APPOINTMENTS:** Dynes Fulton, Mark Bentley and Andrew Smith were appointed for a further three year term. Glenys Coughlan and Graham Young were appointed for a three year term to replace Maggie Barry and Barry Maister, who due to the time demands of other commitments had stepped down from the Board during the year. Dynes Fulton was reaffirmed as President of the Trust, and Chair of the Board.

**OUTWARD BOUND FOUNDATION TRUSTEES:** Sir David Tompkins, John Patterson, Brien Mahoney, Sir David Levene, Dave Tibby, Lloyd East, Ron Faber, Andrew Smith, and Helen Fletcher were reappointed as Trustees of the Foundation. Andrew Smith was appointed Chair of the Foundation.

**MEMBERS COUNCIL:** Bruce Cardwell, Shelley Clark, Lloyd East, Grant Faber, Helen Fletcher, Dynes Fulton, Linda Gaskin, Andrew Gilmour, Ian Ewen-Street, Tony Henderson, Doug Hitchon, Brandon McCarthy, Elizabeth McKee, Ian Moody, Gill Oppenheim, John Patterson, Bruce Powell, Alice Rika, Margaret Robinson, Bonnie Roger, Ginny Semmens, Tim Watts, and Nick White were elected to the Members Council for a one year term. Nick White was appointed Chair of the Members Council.

The meeting acknowledged the contribution of those members not seeking re-election, in particular Peter Corner, who has been a member since 1987, and Ann Sutcliffe, whose association goes back to 1990.

## In 2012 Outward Bound New Zealand turns 50!

If you want to stay in touch and find out more about the 50<sup>th</sup> Celebrations, please join [www.mywatchmates.co.nz](http://www.mywatchmates.co.nz) and subscribe to our quarterly email.

UPDATEFROMMAGM

## Ex Outward Bound instructor takes flight

**NAME:** Dominic O'Rourke

**OUTWARD BOUND INSTRUCTOR:** 2002-2005

**CURRENT POSITION:** Commercial helicopter pilot, Kaikoura Helicopters Ltd.

*Being an Outward Bound instructor gave me the opportunity to work in the outdoors, give something back, grow as a person, and be in an amazing team with fantastic people and friends. It was all that and more! It was an incredibly challenging and deeply rewarding position; helping others discover what is inside of them and pushing through resistances. It was a great place to meet and connect with great students and staff, as facades are stripped away to reveal peoples true selves. I also met Valerie Lubrick (an Outward Bound instructor) and started a relationship; we are now engaged and completely committed to building a great life together.*

After Outward Bound I travelled with Valerie for one year, mostly in Central and South America, followed by a brief stint working as an outdoor instructor and tutor for Horizons Unlimited in Christchurch. All the while I was debating what I really wanted to sink my teeth into next.

I then went for my dream job as a helicopter pilot, training in Christchurch, then working briefly in Canada before coming back to New Zealand. Long term I am looking to fly in New Zealand, Canada, Antarctica, and Papua New Guinea, moving into bigger machines along the way.

For helicopter pilots there are probably over 100 people for every job and as a result, a very high failure rate around the world for career pilots.

Key lessons from my time at Outward Bound helped me overcome the challenges of entering the helicopter industry:

- Kurt Hahn's philosophy of 'never again settling for less'
- seeing my potential out in front of me and wanting no regrets later in life
- continually pushing myself mentally and growing my self-belief

They say Outward Bound students do a 21 day course and instructors do a three year course. I feel this holds true, if you are open to it and give it your all.



PROFILE



▲ IAG set about raising \$27,000 for Outward Bound

Outward Bound recently received a fantastic contribution from IAG NZ as part of their newly adopted 'Living the Attitudes' corporate values program. Jake Harding from IAG NZ shares their experience.

The Attitudes are: Inspiring, Together, Give Back, Real, and Achieving. To help communicate and reinforce the Attitudes, a programme of work 'Living the Attitudes' was developed.

Living the Attitudes focused on implementing one Attitude each month. As part of the activities for the last month IAG set a target of fundraising a significant amount of money for a charity we believed was achievement focused. IAG set a tough target of \$30,000 and decided that Outward Bound best matched our goal.

Across IAG NZ, staff looked for fun, interesting and challenging ways to raise money:

- Tauranga team - sponsored walk (\$800+)
- HR team - 'Big Thursday' raffles (\$7,715)
- State Business Support and Resolutions - activities including pie throwing and sausage sizzles (\$2,800)
- NZI Broker Support – sponsored one-minute-dance-party with The Edge radio station (\$250+)
- Timaru virtual call centre - photography fundraiser (\$400+)
- Mary-Jane Daly (Executive GM State) - Wellington harbour dip (also raised awareness of State's sponsorship of Swimming New Zealand).

The final total was a little over \$27,000. Although we did not quite meet our target, we are all hugely proud of our efforts and know the money will provide amazing opportunities for individuals to make a difference to their lives and go on to achieve something great!

Trevor Taylor, Outward Bound CEO, was full of praise for the Living the Attitudes program, 'IAG NZ has really walked the walk with this fantastic service initiative across their staff. We are delighted to be part of their success story and to receive this significant donation.'



## Costa Rica surfing – Outward Bound style



ABOVE: Outward Bound instructors Anna-Maria, Bobby, Carlos and Antonio. TOP RIGHT: Bobby & I wait for some waves at Jaco beach.

Since completing my Classic course at Anakiwa ten years ago, I've had a hunger for outdoor adventures and travel, and a wish to re-live the Outward Bound learning experience itself. So when I learned that Outward Bound Costa Rica offered a surf programme, I couldn't resist – this sounded like my kind of holiday! But could they run a genuine Outward Bound course using surfing?

Outward Bound is about learning through experience; with adventure, challenge and self development. Surfing definitely comes with a different perception and stereotype. Think sun, sand and beach parties. Right?

What I learnt in Costa Rica is that surfing can also deliver the full experience: personal challenge, thrills and spills, difficulty and enjoyment, appreciation and knowledge of the power of nature. And a whole lot of fun!

After a few days of surf drills and rescue training, a smaller group of us split off on a surf expedition away from the base, led by surf guru instructor, Carlos. Carlos mixes surf skills development, ocean knowledge and Outward Bound philosophy. Over a week he took us through a typical Costa Rica Outward Bound surf programme, at several spectacular locations along the Pacific Coast.

After a lot of spills, and paddling, paddling and a lot more paddling, I started to get the hang of it.

The highlight was my final day at legendary Hermosa beach, site of the Billabong Pro and renowned surfer-crusher. At other beaches, I had got up and going on smaller, flatter waves – but this was a different beast. After a couple of false starts, and some mediocre whitewash riding, I latched onto a genuine rolling wave. Whooping victoriously with the rush, I lasted two seconds before being unceremoniously tumbled, dumped and spat hard onto the sand.

Exhausted, sore and just plain beat up, I couldn't have been happier. This was the real deal.

*Nick White, Chair of the Outward Bound Members Council and past participant*

RIGHT: Getting some theory from Carlos before the practical.



## WHERE ARE THEY NOW? NEWS

From next edition, *The Cutter* will run a column called "Where are they now?" featuring news of our alumni.

In a quick sentence or two we'd like to know where you are or what you're doing so we can share in your success and journeys.

### TELL US:

- your name
- your watch number or year
- where you are or what you are doing!

### EMAIL TO:

info@outwardbound.co.nz

HELP US CONTINUE TO BE  
**A TURNING POINT**  
 IN PEOPLES LIVES...



## BECOME A MEMBER

**BECOMING A MEMBER OF OUTWARD BOUND IS THE BEST WAY TO KEEP IN CONTACT** and be involved with this great organisation! Buying a Life Membership not only benefits you, but also helps more New Zealanders realise their potential.

### LIFE MEMBERSHIP

- You will receive an official Outward Bound Life Members' vest and a certificate. It's a great way to show your support!
- A 10% discount from the Outward Bound shop on all Outward Bound branded product.
- Outward Bound's official newsletter 'The Cutter' twice a year.
- An invitation to attend the Trust's AGM.
- The chance to stay involved in a great organisation.

### ANNUAL MEMBERSHIP

- A 5% discount from the Outward Bound shop on all Outward Bound branded product for the calendar year covering the membership.
- Outward Bound's official newsletter 'The Cutter' twice a year.
- An invitation to attend the Trust's AGM.
- The chance to stay involved in a great organisation.

**NOTE:** Annual membership runs from 1 July to 30 June, being the Trust's financial year.

## BUY A BRICK

**BUYING A BRICK TO HELP US PAVE OUR FOUNDATION PATHWAY** is another great way to show your support of Outward Bound. The pathway links the Watch Houses and helps students on their journey of personal development and self discovery. Help Outward Bound build a pathway for people from all walks of life.

### FOUNDATION PATHWAY

Leave your legacy at Outward Bound. With your gift of \$100, your brick will become part of Outward Bound's Foundation Pathway. Your donation covers the laying and engraving of your paving brick with your name or inspirational words of your choice. The remainder is held by the Outward Bound Foundation as a legacy for student scholarships.

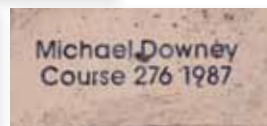
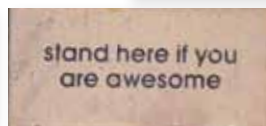
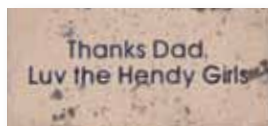
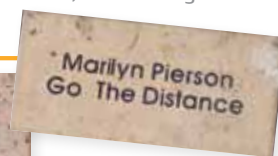
**NOTE:** Bricks are laid in June for orders received before 20<sup>th</sup> April 2011.

RECENT INSCRIPTIONS ▶



"I'm pleased to have the opportunity to support such a worthwhile cause, with a permanent reminder of the tremendous experience I had on my course. Thanks again, Outward Bound, for investing in me."

*Marilyn Pierson, M531*



## LET US KNOW HOW YOU'D LIKE TO HELP US

Fill out the form and post back to us at the address below.

Name ..... Address .....

Phone ( ) ..... .....

I have completed an Outward Bound course YES  NO  Town/City ..... Postcode .....

### TICK HOW YOU'D LIKE TO HELP US:

<input type="checkbox"/>	I'd like to become a Life Member (\$500)	\$.....
<input type="checkbox"/>	I'd like to become an Annual Member (\$52)	\$.....
<input type="checkbox"/>	I'd like to buy a paving brick (one paving brick \$100)	\$.....
My brick inscription is (up to 32 characters): .....		
.....		
I'd like to make a donation	Amount	\$.....
	TOTAL	\$.....

### PAYMENT DETAILS:

<input type="checkbox"/>	I enclose a cheque
<input type="checkbox"/>	I'd like to pay by credit card
Credit card details: <input type="checkbox"/> Mastercard <input type="checkbox"/> Visa <input type="checkbox"/> Amex	
Card number.....	Expiry date .....
Cardholder's name.....	
Cardholder's signature .....	



## GET INTO GEAR SHOP ONLINE

[www.outwardbound.co.nz/  
merchandise](http://www.outwardbound.co.nz/merchandise)



### Kids' tee shirts

Trendy design and Outward Bound words of wisdom

Colours: Red, Navy and Yellow  
Sizes: 4-6, 8-10, 12-14

\$22.00



### Military caps

One size fits all with adjustable clip at back

Colours: Black, Khaki and Grey

\$30.00



### Mr Vintage tree tee

Unique Outward Bound design and fantastic lightweight 100% cotton

Colours: Happy Yellow, Pure White and Pale Blue

Sizes: Women's XS-XL  
Men's S-XL

\$40.00



# Pub Charity invests in our youth

Communities throughout New Zealand will benefit from a recent Pub Charity grant made to Outward Bound – helping us to keep Outward Bound accessible to all New Zealanders.

Pub Charity's generous grant of \$300,000 aims to build leadership in communities nationwide by sponsoring youth to attend Outward Bound, with a special focus on youth from communities where there is low participation in Outward Bound.

This summer we held a competition to raise awareness of the funding support available to attend Outward Bound. Three deserving scholarship winners will now be able to experience Outward Bound thanks to Pub Charity. Congratulations go to **Rea Rowe** (Warkworth), **Lee Ballinger** (Napier) and **Claire Fairhall** (Westport), who will attend Mind Body Soul, and Classic courses this year.

Ongoing, we will work with local organizations in communities where there is low participation, to make Outward Bound a reality for those who cannot attend due to their financial circumstances.

You can help us to direct the Pub Charity funding to those who need it most - simply recommend community organisations and youth who would benefit from a financial step-up to make their Outward Bound dream come true.

**CONTACT:** Diane Leyten, Finance and Funding Manager

**PHONE:** (04) 495 1762

**EMAIL:** [dleyten@outwardbound.co.nz](mailto:dleyten@outwardbound.co.nz)



## OUR SUPPORTERS

We are often asked how we are faring financially in the recent economic recession. Outward Bound was not immune to the economic climate but still managed to maintain a high level of course registrations. Fundamental to this was our ongoing strong relationships with our partners and supporters. The Trust is indeed fortunate to be supported by a wide and diversified range of supporters, and this support has not only continued but has been increasing during this time, with much of this support coming from our Alumni.

Many of you will be aware of our long standing relationship with **Hubbards**, who provide us with a royalty from 'Outward Bound' and 'Power 8' cereal sales; these royalties provided funding for two courses for Girl Guiding New Zealand. In December we received a further grant from **The P H Picot Charitable Trust**; their donations over the last 17 years have supported nearly 115 students. **L&M Energy** Chairman **Geoff Loudon**, grants his quarterly Director's fees to us; his donations have supported not only 38 people to attend a variety of courses, but also a number of our capital projects. We have been fortunate to recently receive a grant from the **Joyce Fisher Charitable Trust**; the **Fisher family** have been supporters of the Trust since 1962 and Lady Joyce personally, prior to her death in 2009, had provided financial assistance to over 120 young people. A special thanks to **Rosmond Granger**, who has set up a scholarship fund with Acorn Foundation, to provide assistance to young people in the Tauranga area, in memory of Bob Granger, a Past President of Outward Bound. Thank you to the many **Rotary, Lions and service clubs** who are working with youth in their communities.

We wish to welcome all new financial members: **Howie Barnes, Patsy Bass, Shelley Bignell, Mick Burdon, Samantha & Melissa Cluble, Enid Dore, Jonathan Downer, Andrew Ferrier, Andrew Gilmour, James Gunson, John Harrington, Dominique Leeming, Ian Moody, Gerry Mooney, Lesley Oppert, Kimbal Reid, Philippa Schaab, Peter Sherwin, Anthony Simons, Andrew Smith, Jonathan Taylor, Tim Watts, Michael West, Jenny Willoughby and Graham Young**, and a special shout out to all who have purchased a brick for our Foundation Pathway.

Thank you for helping us to achieve our vision of "better people, better communities, better world"



Outward Bound Trust of New Zealand PO Box 25274, Panama Street, Wellington 6146

P: (04) 472 3440 or 0800 OUTWARD (688 927) F: (04) 472 8059 E: [info@outwardbound.co.nz](mailto:info@outwardbound.co.nz) W: [www.outwardbound.co.nz](http://www.outwardbound.co.nz)

If you have any questions about The Cutter, would like more copies, or would like to tell us what you think, contact the editor: Christina Arathimos on (04) 495 1765 or email: [carathimos@outwardbound.co.nz](mailto:carathimos@outwardbound.co.nz)

FOLLOW US:



[twitter.com/outwardboundnz](https://twitter.com/outwardboundnz)



[facebook.com/outwardboundnz](https://facebook.com/outwardboundnz)