

The Cutter

Outward
Bound®

TE KARERE O ANAKIWA THE BI-ANNUAL ANAKIWA MESSENGER

November 2009

Aoraki Bound

“He aha te mea nui o tēnei ao, he tangata, he tangata, he tangata...”

What is the most important thing in this world, it is people, it is people, it is people.



AORAKI BOUND IS A 21 DAY JOURNEY

FROM ANAKIWA to the base of Aoraki to grow an appreciation of Ngāi Tahu culture. Aoraki Bound is a first in New Zealand, combining the proven methodology of Outward Bound with the cultural knowledge and aspirations of Ngāi Tahu in developing a course not only for Ngāi Tahu, but for

all New Zealanders. The course will be a doorway to Ngāi Tahu culture, tikanga (traditions), mahinga kai (food gathering) and reo (language) supported on an Outward Bound framework of values-based experiential learning in an outdoor environment. The course is designed to reinforce participants' Ngāi Tahu identity and offer all cultures, communities, organisations and individuals a better understanding of, and comfort with, Māori culture.

The course starts with 10 days at Outward Bound followed by 10 days on a hikoi that will take students to significant Ngāi Tahu historical sites and along ancient ponamu trails finishing at the base of Aoraki.

YOU CAN EXPECT TO GET THE FOLLOWING OUT OF AORAKI BOUND:

- Increased understanding of Ngāi Tahu culture, beliefs, language and history
- An enhanced sense of connection and identity
- Challenge yourself physically and mentally
- Leadership development and being part of an effective team
- Motivation, determination and drive
- Improved fitness and wellbeing.

AORAKI BOUND is open to all New Zealanders aged 18 years and over, of medium to high fitness level.

TO FIND OUT MORE ABOUT AORAKI BOUND

VISIT: www.aorakibound.co.nz

EMAIL: kari.kururangi@ngaitahu.iwi.nz



Places available! Upcoming courses

31 JAN – 7 FEB

8 day No Limits

18-30 years

31 JAN – 7 FEB

8 day Discovery Masters

40+ years

28 FEB – 20 MAR

21 day Masters

27+ years

13 MAR – 20 MAR

8 day Navigator

Professional Development

“Aoraki Bound was the richest experience of my life. I have never felt more alive than on those three weeks. I felt truly humbled to have walked in the footsteps of my ancestors...To read a book, to know history is one thing, but to have actually lived it, to have walked those trails is an entirely different experience with far deeper meaning.”

Calling all ... Life and Annual Members

We are continually updating our membership database.
Please help by notifying us if any of your details have changed.

PLEASE EMAIL: governance@outwardbound.co.nz

Put your full name in the subject line, then tell us your

- type of membership (Life/Annual)
- contact details (phone/mobile)
- if you have completed a course (course number and date)
- and whether you are an Alumni member.

This will enable us to keep in touch and meet compliance easily.

Membership Form

Are you a member? Become one now!

To view the benefits of membership go to
www.outwardbound.co.nz/membership

Name _____

Address _____

Suburb _____

City _____ Postcode _____

Phone Daytime () _____

Evening () _____

Email _____

Course/Year attended _____

Life Membership (\$500) Annual Membership (\$52)

Donation \$ _____

TOTAL \$ _____

Payment method

Cheque (enclosed) \$ _____

Credit card

Mastercard Visa

Card Number

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

Expiry date _____

Cardholder's name _____

Cardholder's signature _____

Please complete, detach and return to:

Outward Bound, PO Box 25-274,
Panama Street, Wellington 6146

Thank you.

How can you support Outward Bound?



MAKING A DONATION IS the most important way you can support our work.

For 47 years Outward Bound has changed the lives of thousands of New Zealanders, helping them reach their full potential through challenge and adventure in the outdoors.

Our goal is to make sure that Outward Bound is accessible to all New Zealanders who want to attend, now and in the future. Most course fees do not actually cover the true costs. Now more than ever Outward Bound has to find additional funding to cover these costs, to maintain and constantly improve our equipment, facilities and courses, and to ensure our future.

As a charitable trust we have always relied on the generous financial support of the community. We are inviting you to support us and help people in your community to have a life changing experience. Your support will help maintain our long term financial stability and our independence, and help create a turning point in someone's life.

Contact us at: www.outwardbound.co.nz/donate or 0800 688 927
to be sent a supporters brochure.

Merchandise Promo



KIDS TEE FOR \$22

This Kids Tee is available in three colours, blue, red and beige with a funky lizard logo encircled by "we do not inherit the earth from our parents - we borrow it from our kids". It may fit 'young-at-heart' grown ups also.
Sizes 4-6, 8-10 and 12-14

VORTECH CAP FOR \$30

"Always take the weather with you", but with this stylish black cap with cool Outward Bound logo keep it out of your eyes. The laminated outer nylon fabric is wind and rain resistant for the mountain, on the water or the city street.



MEN'S SINGLET FOR \$30

Everybody can look as awesome as our instructors wearing these quick dry singlets. It will keep you cool while pounding the pavement or just hanging out at the beach. Also available for women.
Sizes S, M, L and XL

ECOPEN FOR \$3

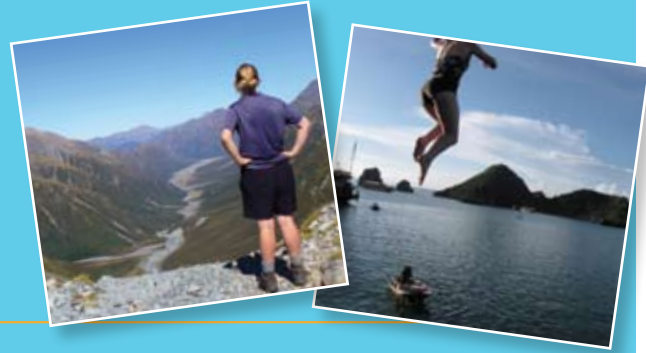
This new Ecopen is made of corn starch and is biodegradable. The composting process starts after 90 days and takes approximately 9 months. Don't worry, it won't disappear in your hand.



www.outwardbound.co.nz/merchandise



Outward Bound to Office Bound!



THIS JOURNEY HAS TAKEN A WHILE and has been filled, like all good adventures, with ups and downs and moments of complete confusion. I finished my Outward Bound contract at the end of May last year and with the security of three months work the following summer, I didn't have much planned to be honest. Well I had planned on long sleep ins, ordering pizzas, going to the movies and catching up with friends but it didn't quite turn out like that.

First I had a month of taking a group of American college students around New Zealand. This was great and included a free jump out of a plane, my 2008 highlight. Following on from that I took some time to explore more of our fine New Zealand outdoors; tramping, mountain biking, running, sleeping on friends' floors and living out of a van, fantastic. Before I knew it I was back to do those three months for summer. Then it got quite scary and I knew I could no longer hang on to the security of work, home, friends, outdoors, challenge, adventure all wrapped into one: Outward Bound. I needed to move outward bound from Outward Bound.

Like many of you have experienced when embarking on a journey that will take you into the great unknown, it was incredibly daunting at times. Not to mention confusing, surely I should have some inner voice commanding me to move in the 'right' direction. But if there was one it must have been suffering from laryngitis because I certainly didn't hear it!

However as I explored the opportunities open to me it was clear that some weren't for me. I spent a lot of time in the 'waiting place' and while I was there I considered my values and chose which of the amazing things about living at Outward Bound I wanted to keep and which ones I could do without. This acted as a good guide for me, ironically, some would say.

I wanted to include the outdoors, working with people, including service into my own life, having good times with good folk, being active BUT I decided I could do without early morning cold swims, migraines, distance from other people, and flapjacks.

With a detour through Vietnam with a bunch of Australian school girls and an amazing trip over the Three Passes in our South Island, my 2009 highlight, I finally applied for a job that seemed like a perfect fit. It was in the same industry, in Christchurch where I have some close friends, and was destined to be challenging but rewarding. I now am the Outdoor Programme Co-ordinator for Girl Guiding New Zealand and loving every minute of my heater warmed office complete with stapler and post it notes!

My words of wisdom from this: Consider what is important to you for the big picture of your life and then look out for the opportunities that will help provide it. Be warned they come in many different forms!

Jenny Jordan

My words of wisdom from this: Consider what is important to you for the big picture of your life and then look out for the opportunities that will help provide it. Be warned they come in many different forms!



A Brief History of Watch Names

WHAT IS THE HISTORY OF BATTEN WATCH?

Batten, Jean (1909-1982)

Born in Rotorua, Jean Batten travelled to London and learned to fly at the Aeroplane Club. In 1933 she bought her first plane and set off intending to become the first woman to fly solo to Australia. After two further attempts she landed in Darwin taking seven minutes under 15 days. Other marathon journeys followed including a trip from London to Mangere, which took 10 days 21 hours. Her last days were lived in quiet obscurity in the Caribbean, Canary Islands and lastly in Majorca.



Outward Bound

No Ordinary Golf Tournament is back

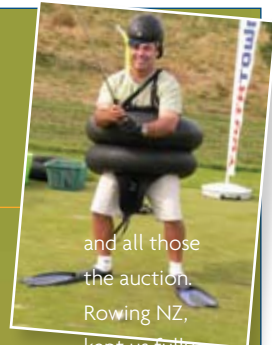
DUE TO THE SUCCESS OF THIS YEAR'S EVENT we are pleased to announce that the Outward Bound No Ordinary Golf Day is returning to Gulf Harbour on Thursday the 25th of February 2010, so get a team together to compete on the day, or become a sponsor of this great event.

This year's event held in February raised \$49,000 which will enable us to provide financial assistance to students who otherwise would not have been able to even consider coming to Outward bound as an option. So thank you to our host the Gulf Harbour Country Club for providing such an excellent venue, to our Gold Sponsor Youthtown and our Silver Sponsors Douglas Pharmaceuticals and the BNZ Bank for their financial support. It is through their efforts that these students have now had the opportunity to realise what they are really capable of. They only have to want to do it.

Also a big thank you to the teams, hole sponsors companies who contributed prizes and items for the auction. Thanks again, Peter Taylor and Storm Uru from Rowing NZ, kept us fully entertained and a final thanks to our auctioneer Tony Bayley from Bayleys Real Estate. A special thank you also goes to Kim and her team at ParNZ Golf as it was their organisation that made the day such a success.

Kim and her team are back on board organising next year's event, so brush off those clubs and pull together a team, take up one of the sponsorship opportunities or help support the event through providing goods or services for the auction.

**FOR MORE INFORMATION CALL 0800 OUTWARD
OR EMAIL TREVOR AT ttaylor@outwardbound.co.nz
TEAM REGISTRATIONS CLOSE DECEMBER 10TH 2009**



A new name to **Aspire** to

OUTWARD BOUND HAS A NEW NAME FOR OUR 8 DAY COURSE for people who have a physical disability. The new name *Aspire* replaces the former name *Starlight* and better reflects the course objectives. *Aspire* is about achieving more than you thought possible and we hope this new name will inspire people who always wanted to do an Outward Bound course but because of injury, illness or impairment thought they never could.

Perhaps you are carrying an old rugby injury, you hurt your back falling off a ladder or you had a joint replacement. Now you find it difficult to run long distances, easily walk on steep terrain or carry a heavy tramping pack. The *Aspire* course may be just the trick to get you back in the outdoors and have an adventure.

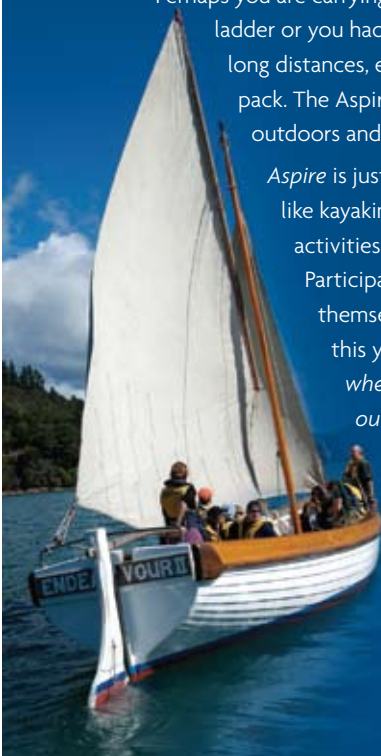
Aspire is just like any other Outward Bound course with activities like kayaking, sailing, high ropes and solo. Although some activities are modified to be low impact, this is no holiday camp. Participants will get outside their comfort zone and push themselves further than ever before. Tammy, who attended this year's course, said: "You get to see how far you can go when pushed to your limits. You come away with a new outlook on life."

Outward Bound invites people who are independent, active and seeking adventure to enrol on the next *Aspire* course:

SATURDAY 13 FEB – SATURDAY 20 FEB 2010

**CONTACT DANIELLE BOWATER
FOR MORE INFORMATION**

**PHONE 0800 OUTWARD (688 927)
EMAIL dbowater@outwardbound.co.nz**



Thank You

to our major supporters





Outward Bound® PROFESSIONAL

POWERING UP OUR Professional courses

FOR 15 YEARS OUR PROFESSIONAL LEADERSHIP COURSES have delivered results that make a real difference for individuals and teams in the workplace. Over the last five years we have become keenly aware of the importance for us to form collaborative relationships to really 'power-up' our professional leadership courses. As a result we have joined forces with other training providers, independent facilitators and educational authorities who play a role in developing New Zealand's leadership capability.

Outward Bound and people development consultancy, TAL, deliver a four day custom design course for Victoria University MBA students. This course is expertly facilitated by TAL's Ali Tocker, designed in conjunction with Arun Alias the director of the Victoria MBA programme and delivered through Outward Bound's renowned experientially based learning environment. This is a grunty combination which has lead to loads of positive feedback from students:

"The programme was end to end the most challenging, humbling, extending and reflecting intensive period I have experienced for a long time and I came away better for it. It was definitely a highlight of the entire MBA programme."

Kirsten Mischefski

Our deepening relationship with the University of Auckland Business School and their 18 month Future Leaders programme is another example of a reciprocal relationship that is making a real impact. Growing initially from a four day custom designed course we are now sharing and contributing some of our experiential education expertise to help the Business School further develop its learner engagement. In return our boosted relationship is keeping us in touch with some of New Zealand's most current leadership research which we have injected into the refinement of our 8 day Navigator Leadership programme. The students, Outward Bound and the Business School are all benefiting from this synergy.

We are very excited about how this collaboration is not only role modelling and living the leadership practices we encourage in our students, it is also contributing to the broader development of New Zealand's leadership talent and our future!

UPCOMING NAVIGATOR COURSES

- 28 FEBRUARY – 7 MAY
- 15 MAY – 22 MAY
- 13 MARCH – 20 MARCH
- 29 MAY – 5 JUNE
- 2 MAY – 9 MAY

ANAKIWA PROJECTS

OB VOLUNTEER WEEKEND

DEEP CREEK, 24-26 OCTOBER 2009



33 VOLUNTEERS FROM THROUGHOUT NEW ZEALAND

spent Labour Weekend at the Deep Creek satellite base. Deep Creek is situated 10 kms up the Wakamarina Valley near Havelock, 45 minutes drive from Anakiwa. The aim was to turn the approximately 100 year old Principal's house into a user friendly watch house and do general preventative maintenance on the other six buildings.

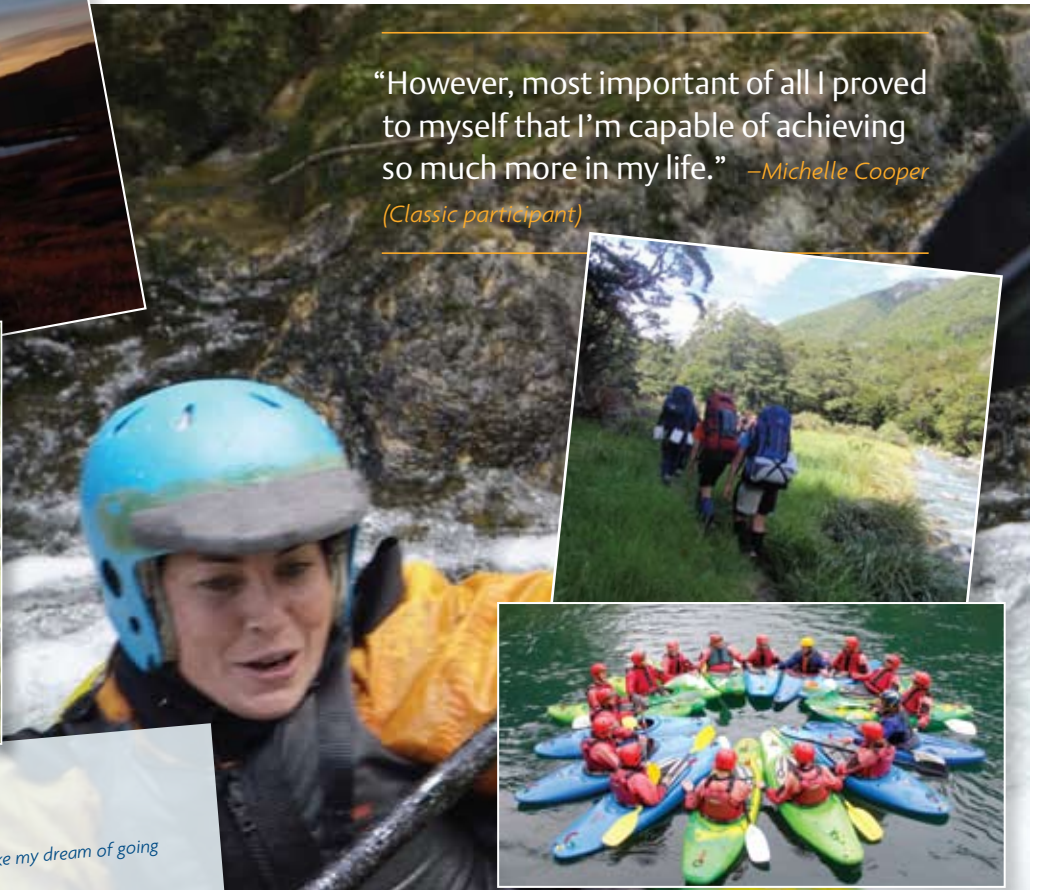
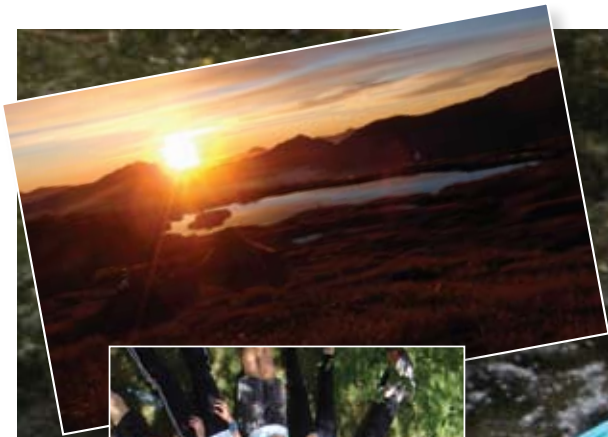


Deep Creek was purchased with generous funding from the NZ Community Trust in 2004 from the Marlborough Boys' and Girls' Brigade who had had it for 34 years. It is currently used as a base for the Catalyst courses run by Outward Bound.

The main focus of the weekend was to turn the Principal's house into a draught proof watch house with an open bunk area, extra lights and personal gear storage. The progress towards that goal has been outstanding thanks to the volunteers under the guidance of Marg Robinson, saving Outward Bound labour costs of approx \$15,000.00.

Well done team, you certainly walked the talk and demonstrated what one of the OB fundamentals of 'service' is all about.





Thank you

I am writing to you to thank you for helping to make my dream of going to Outward Bound a reality.

Words cannot express just how much my Outward Bound Classic Course meant to me.

Before I left to go on Outward Bound a friend of mine told me that Outward Bound would change my life. I knew that Outward Bound would help to shape and grow the person I am but not even I realised the extent to which it would really help to define me, 'Hannah Lynch'.

The Outward Bound programme is one in a million, a truly self rewarding and unforgettable experience, I have memories, friends, learning and goals that will stay with me for a life time.

Outward Bound taught me the importance of living in the moment, embracing the now, and not worrying about the consequences or actions of yesterday or worrying about what might happen tomorrow. Outward Bound encouraged me to embrace the person I am and live, and stick to, my own set of personal values.

Outward Bound is a truly unforgettable experience, one which no person young or old should be denied the opportunity of completing. Therefore, not only do I thank you for helping to make my Outward Bound dream a reality, but I encourage you to keep supporting others who want to experience the adventure which is, Outward Bound.

Thank you

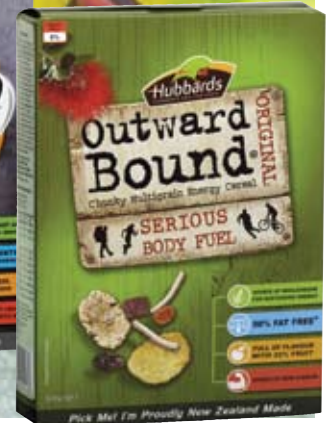
Hannah Lynch
(Outward Bound Classic Course September 2009)

"I have walked away from the course with a desire to help others and volunteer my skills to those that I can help."

— Annah Gerber (Connect participant)

"Outward Bound gave me a lot more confidence and better leadership skills that I know will help me with my coaching and at school." — Holly Manning (MBS participant)

Outward Bound®



The Cutter November 2009 is written and edited by Anjuli Burrell, Marketing Executive. If you have any questions or queries about this publication or future publications, would like more copies, or simply would like to tell us what you think, contact Anjuli directly on 04 495-1765.

Outward Bound Trust of NZ, PO Box 25-274, Panama Street, Wellington 6146

Phone: (04) 472-3440 or 0800 OUTWARD (688-927) Fax: (04) 472-8059 Email: info@outwardbound.co.nz www.outwardbound.co.nz