

PRE-COURSE

OBJECTIVES



FULL NAME

Outward Bound is a personal development course that encourages you to be your best self. During your time in Anakiwa you will be challenged both mentally and physically, you will also be given the space to reflect on your life. There will be opportunities and challenges presented to you along the way; the more of these you take, the more you can get out of your course.

Your Outward Bound journey starts here.

WHAT DO YOU HOPE TO GET OUT OF YOUR OUTWARD BOUND COURSE?

outwardbound.co.nz

Better people, Better communities, Better world

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